

Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat

## FEBRUARY

Write down ways in which God has saved you from past sins. <b>26</b>	Go for a walk and pick up any trash you see. <b>27</b>	Do something thoughtful for a neighbor or classmate. <b>28</b>	<b>Ash Wednesday</b> Attend an Ash Wednesday Service. <b>22</b>	Write down the habits and sins you want to die to by the end of Lent. <b>23</b>	Look into ways you can help be an advocate against social injustice. <b>24</b>	Share your struggles with a close friend. <b>25</b>
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## MARCH

Write a letter to God thanking Him for all the blessings He has given you. <b>4</b>	Write out the story of what brought you back to God. Thank Him for it. <b>5</b>	Watch the 6 o'clock news today and pray about what you saw. <b>6</b>	<b>Read Luke 15:11-31.</b> Reflect on what it means for God to receive you back. <b>29</b>	Write a letter to yourself as if it were God writing it to you. <b>1</b>	Slow down today and do everything very deliberately. <b>2</b>	Fast from social media today (i.e. - Facebook, Twitter, Myspace). <b>3</b>
Don't use any sarcasm today. <b>11</b>	Fast from soda or coffee today. <b>12</b>	Make a list of things you can do to show Christ's love to those around you. <b>13</b>	<b>Read Matthew 3:17.</b> Reflect on what it means to hear God say those words to you. <b>7</b>	Try something new that you've always wanted to do. <b>8</b>	Find your favorite picture of yourself and list out what you like about it. <b>9</b>	Have a conversation today with someone you wouldn't normally talk to. <b>10</b>
Call someone with whom you've had a falling out and make amends. <b>18</b>	Pray for someone who has hurt you. <b>19</b>	Cook a meal for someone and take it to them. <b>20</b>	<b>Read Matthew 18:21-22.</b> Reflect on what it means to forgive completely. <b>14</b>	List out all your sins. Put the piece of paper through a shredder. <b>15</b>	Write a letter to God thanking Him for all the ways He has changed you. <b>16</b>	Fast from sweets during daylight hours. <b>17</b>
Find a piece of artwork that reminds you of former trials making you stronger. <b>25</b>	Spend time dancing today. <b>26</b>	List the ways God provided in the past. Remind yourself when feeling overwhelmed. <b>27</b>	<b>Read Jeremiah 29:4-14.</b> Reflect on God knowing the plans for your life. <b>21</b>	Fast from technology today: TV, computer, internet, video games, music. <b>22</b>	Write a letter to God thanking Him the trials that have been a blessing. <b>23</b>	Go for a walk and reflect on God's goodness in hardship. <b>24</b>
Write out ways you can use your talents to glorify God. <b>1</b>	Do something you've been putting off or trying to avoid. <b>2</b>	Buy someone's coffee or lunch today. <b>3</b>	<b>Read Psalm 139:7-8.</b> Reflect on God being with you wherever you go. <b>28</b>	Fast from your favorite hobby or activity today. <b>29</b>	Spend 30 minutes with someone under the age of 5. <b>30</b>	Spend 30 minutes in silence and allow God to speak to you. <b>31</b>

## APRIL

<b>Easter Sunday</b> Celebrate the new life found in Christ's resurrection! <b>8</b>	<b>Read Matthew 26:6-13.</b> Reflect on what it means to give God your glory. <b>4</b>	Write a prayer to God expressing your hopes and dreams. <b>5</b>	<b>Dark Friday</b> Attend a Good Friday service and reflect on Christ's death. <b>6</b>	Spend the day with the ones you love. <b>7</b>
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## Lenten Calendar

Lent is a season of fasting and waiting as we prepare ourselves for the celebration of the resurrection of Christ at Easter. As we give up certain luxuries in life, we practice dying to ourselves and our desires so we can live for Him and His desires. This calendar suggests ways in which you can fast from the things of this world, and live for the things of Christ this Lenten season.

